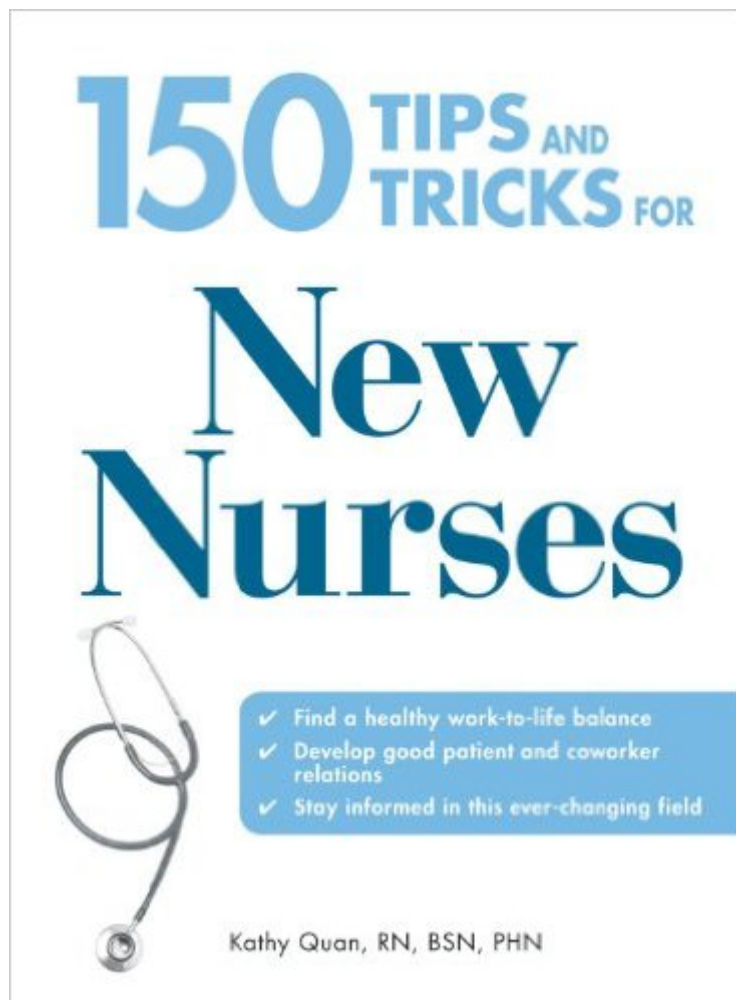


The book was found

150 Tips And Tricks For New Nurses: Balance A Hectic Schedule And Get The Sleep You Need...Avoid Illness And Stay Positive...Continue Your Education And Keep Up With Medical Advances





Synopsis

With long hours, huge responsibilities, and average pay, nursing is often as challenging as it is rewarding. By teaching new nurses what to expect, how to get what they want, and how to succeed in today's medical environment, this book is the one-dose treatment to prevent burnout. Written in an easy-to-read, direct, and honest way, this helpful handbook will teach new nurses what they didn't learn in nursing school. Veteran R.N. Kathy Quan offers readers information on how to: balance a hectic new schedule (for work, sleep, and life) deal with doctors avoid illness themselves continue education while working cope with death of patients (the first time, and after) and more With this book, nurses get real-life advice on how to cope, perform, and excel in their field--one shift at a time!

Book Information

Paperback: 208 pages

Publisher: Adams Media; 1 edition (February 17, 2009)

Language: English

ISBN-10: 1598697765

ISBN-13: 978-1598697766

Product Dimensions: 5.2 x 0.6 x 7.1 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars Â Â See all reviews Â (38 customer reviews)

Best Sellers Rank: #422,875 in Books (See Top 100 in Books) #245 in Â Books > Medical Books >

Nursing > Administration & Management #483 in Â Books > Medical Books > Nursing >

Fundamentals & Skills #1820 in Â Books > Business & Money > Job Hunting & Careers > Guides

Customer Reviews

...As everything else in this book is really a brief hit on all of the vaguest info related to becoming a nurse covered during the rest of nursing school/ college. As a new grad, I was disappointed not to find any actual Tips or Tricks. Things like "take care of yourself", "network", and "get organized" aren't the inside info I was hoping for when I made this purchase.

I feel like this book was a waste of money, and I keep picking it up to read, therefore it's also a waste of time. I wanted to get at least one or two tips from the 150 the author claims to provide to us. Unless you have been living under a rock, none of this is great information. Buy a good pair of shoes, really? Duh.

After being in the wonderful field of nursing for 22 years....how refreshing to see things layed out so completely and so easy to comprehend. Great resource for all nurses but most especially the new nurse. Full of tips, hints and tricks of the trade. Makes me proud to be one of the heroes in the field of nursing. Thank you for the reminder.....

This book is almost identical to The Everything New Nurse Book. Same author. Same content. Different title. Only buy one of these Quan books. The Everything New Nurse Book is a bit longer. Both are easy reads.

Great book and timely information for new RN grads. I give this a 4 star instead of a 5 star because there are some pages where certain statements or paragraphs are repeated word for word on some pages. But overall I am very glad I got this book. It helps allay anxiety and fears about starting out as a new RN. It also provides pointers for self-check, attitude, behavior, and career advancement. I would say this is a must have book. Price was great and delivery was fast. I would definitely recommend to a friend.

I bought this book to use while I was orientating new nurses. I gave the book to each new orientee to borrow within the first week. There has been nothing but praise.

I'm still in the process of reading it, but so far, so good! I'm a nursing student and plan on adapting these useful tips!

Gift for a friend who graduated from LPN school, she loves it, handy lil book that gives you many tips and tricks about being a new nurse that you won't find in your text books from nursing school.

[Download to continue reading...](#)

150 Tips and Tricks for New Nurses: Balance a hectic schedule and get the sleep you need...Avoid illness and stay positive...Continue your education and keep up with medical advances Sleep Smarter: The Ultimate Guide To Sleep Better, Feel Better By Having Healthy Sleeping Habits (sleep smarter, sleep better, healthy sleep habits, sleep ... healthy sleep, sleep apnea, feel better) Sleep Apnea: The Ultimate Guide How To Manage And Treat Your Sleep Apnea (Sleep Apnea Machine, Sleep Apnea Guide, Sleep Apnea Cure, Sleep Apnea Treatment, Sleep Apnea Solution, Book 3) My Child Won't Sleep Through the Night: 5 No-Cry Solutions to Solve Your Child's Sleep Issues

(Baby Sleep Solutions, Toddler Sleep Problems, Child Sleep Solutions, No-Cry Sleep Solution)
Positive Discipline for Preschoolers: 10 Tips on Making Your Child Responsible and Confident
(Positive Discipline, Positive Discipline for Preschoolers, Positive Discipline In The Classroom)
Sleep Apnea: The Most Effective Sleep Apnea Cure: Discover a Sleep Apnea Treatment in 7 Days
or Less! (Sleep apnea, anxiety management, insomnia, diabetes, snoring, sleep disorders,
respiratorics) Positive Parenting: How to talk to your kids so they listen...Your guide to everything you
need to know about positive parenting and raising children to ... Positive Discipline, Parenting
Books) Gut: Gut Balance Solution: 10 Steps on How You Can Restore Optimal Gut Health, Boost
Metabolism and Heal Your Gut Effectively (4-Week Gut Balance Diet Plan, leaky gut, clean gut, Gut
Balance Recipes) Essays That Will Get You into Medical School (Essays That Will Get You
Into...Series) [Second Edition] (Barron's Essays That Will Get You Into Medical School) Sleep
Hypnosis Bundle: Hypnosis Collection to Fall Asleep Instantly, Induce REM Sleep, Get Better Sleep
and Wake up Refreshed Sleep: Discover How To Fall Asleep Easier, Get A Better Nights Rest &
Wake Up Feeling Energized (The Best Sleep Solutions Available From All Natural To ... Treatments
To Cure Insomnia & Sleep Easy) Take Back Your Life!: Using Microsoft Outlook to Get Organized
and Stay Organized: Using Microsoft(r) Outlook(r) to Get Organized and Stay Organized
(Bpg-Other) 30 Days to a Clean and Organized House: A complete guide to transform your home
on your schedule, and a monthly plan to KEEP it clean! Positive Thinking: How to Eliminate
Negative Thinking and Gain Success, Health and Happiness Through Positive Thinking and
Self-empowering Affirmations (Positive Thinking Everyday Book 1) The Sleep Lady's
Good Night, Sleep Tight: Gentle Proven Solutions to Help Your Child Sleep Well and Wake Up
Happy Dating: Dating Advice for Women: Best 16 Dating Tips To Get The Guy, Understanding Men,
Keep Him Interested and Avoid the Traps and Pitfalls Most women will never know about (Dating
Advice)) MENTAL ILLNESS: Learn the Early Signs of Mental Illness in Teens (Teen mental illness,
teen mental health, teen issues, peer issues, treatment) The Promise of Sleep: A Pioneer in Sleep
Medicine Explores the Vital Connection Between Health, Happiness, and a Good Night's Sleep The
Anger Workbook for Women: How to Keep Your Anger from Undermining Your Self-Esteem, Your
Emotional Balance, and Your Relationships (New Harbinger Self-Help Workbook) Pokemon GO:
Game Guide: The 37 Best Pokemon Go Secrets, Tips, & Tricks You Didn't Know Existed!
(Pokemon Go Game, iOS, Android, Tips, Tricks, Secrets, Hints)